

Workington - Barrow - Lancaster

Saturday 01 December

Workington	0805	-	-	1230	1357	-
Harrington	0809	-	-	12x34	1401	-
Parton	08x17	-	-	12x43	14x09	-
Whitehaven a	0823	-	-	1249	1415	-
Whitehaven d	0824	-	-	-	1416	-
Corkickle	0827	-	-	-	1419	-
St. Bees	0832	-	-	-	1425	-
Nethertown	08x36	-	-	-	14x29	-
Braystones	08x39	-	-	-	14x31	-
Sellafield	0843	-	-	-	1436	-
Seascale	0847	-	-	-	1440	-
Drigg	08x50	-	-	-	14x43	-
Ravenglass	0853	-	-	-	1447	-
Bootle (Cumbria)	08x59	-	-	-	14x52	-
Silecroft	09x05	-	-	-	14x59	-
Millom a	0912	-	-	-	1506	-
Millom d	0912	-	-	-	1507	-
Green Road	09x16	-	-	-	15x11	-
Foxfield	0920	-	-	-	1515	-
Kirkby-in-Furness	09x24	-	-	-	15x19	-
Askam	0929	-	-	-	1524	-
Barrow-in-Furness a	0945	-	-	-	1539	-
Barrow-in-Furness d	-	0958	1251	-	-	1550
Roose	-	1002	1255	-	-	1554
Dalton	-	1008	1301	-	-	1600
Ulverston	-	1017	1310	-	-	1609
Cark	-	1025	1318	-	-	1617
Kents Bank	-	1029	1322	-	-	1621
Grange-over-Sands	-	1033	1326	-	-	1625
Arnside	-	1039	1332	-	-	1631
Silverdale	-	1043	1336	-	-	1635
Carnforth	-	1055	1344	-	-	1643
Lancaster a	-	1103	1352	-	-	1651

Lancaster - Barrow - Workington

Saturday 01 December

Lancaster d	-	-	1121	1402	-	1701
Carnforth	-	-	1131	1412	-	1711
Silverdale	-	-	1137	1418	-	1717
Arnside	-	-	1141	1422	-	1721
Grange-over-Sands	-	-	1147	1428	-	1727
Kents Bank	-	-	1151	1432	-	1731
Cark	-	-	1155	1436	-	1735
Ulverston	-	-	1203	1444	-	1743
Dalton	-	-	1212	1453	-	1752
Roose	-	-	1218	1459	-	1758
Barrow-in-Furness a	-	-	1227	1508	-	1807
Barrow-in-Furness d	1022	-	-	-	1717	-
Askam	1032	-	-	-	1727	-
Kirkby-in-Furness	10x36	-	-	-	17x31	-
Foxfield	1040	-	-	-	1735	-
Green Road	10x43	-	-	-	17x39	-
Millom a	1049	-	-	-	1745	-
Millom d	1050	-	-	-	1745	-
Silecroft	10x54	-	-	-	17x49	-
Bootle (Cumbria)	11x01	-	-	-	17x56	-
Ravenglass	1107	-	-	-	1802	-
Drigg	11x10	-	-	-	18x05	-
Seascale	1114	-	-	-	1808	-
Sellafield	1122	-	-	-	1814	-
Braystones	11x26	-	-	-	18x17	-
Nethertown	11x28	-	-	-	18x20	-
St. Bees	1133	-	-	-	1826	-
Corkickle	1139	-	-	-	1831	-
Whitehaven a	1142	-	-	-	1834	-
Whitehaven d	1144	1300	-	-	1835	-
Parton	11x47	13x03	-	-	18x38	-
Harrington	1156	1312	-	-	1847	-
Workington	1200	1316	-	-	1851	-